

	Lectures		Workshops																
		Time	WS Station 1	WS Station 2	WS Station 3	WS Station 4	WS Station 5	WS Station 6	WS Station 7	WS Station 8	WS Station 9								
		9:00-9:15	NO WORKSHOPS																
09:10-09:25	Day case spinal: how I do it	9:15-9:30								Blocks for Shoulder Surgery	Basic Blocks for Hand Surgery	Basic Blocks for Knee Surgery	Blocks for Hip Surgery	Plan A blocks (Rectus Sheath, Femoral, Popliteal, Adductor)	Blocks for Abdominal Surgery	Blocks for surgery or injury to the thorax	Blocks for Paediatric surgery	Positive communication during Regional Anaesthesia	
09:25-09:40	Is spinal morphine the new gold standard?	9:30-9:45																	
09:40-09:55	Neuraxial techniques in the patient living with obesity	9:45-10:00																	
10:05-10:20	Management of peripheral nerve injury	10:00-10:15																	
10:20-10:35	Why I like RA for upper limb surgery	10:15-10:30																	
10:35-10:50	Mind the gap - gender disparities in medicine	10:30-10:45																	
		10:45-11:00																	
		11:00-11:15	BREAK																
		11:15-11:30																	
11:30-11:50	Virtual reality: the future for RA teaching	11:30-11:45	Blocks for Shoulder Surgery	Advanced blocks for hand & elbow surgery	Advanced blocks for knee surgery	Basic blocks for knee surgery	Plan A blocks (Rectus Sheath, Femoral, Popliteal, Adductor)	Neuraxial scanning	Transitional pain	Blocks for Paediatric surgery									
11:50-12:05	Electro-analgesia: a new paradigm in pain relief	11:45-12:00																	
12:05-12:20	Anticoagulation guidelines: which should I use?	12:00-12:15																	
		12:15-12:30																	
12:35-12:50	3 best abstracts	12:30-12:45																	
12:50-13:00	Unsung Hero	12:45-13:00																	
		13:00-13:15																	
		13:15-13:30																	
		13:30-13:45																	
		13:45-14:00																	
14:00-14:30	The Big Debate: No knowledge, no block?	14:00-14:15	Advanced blocks for hand & elbow surgery	Plan A blocks (Interscalene, Axillary, ESP)	Advanced blocks for knee surgery	Blocks for foot and ankle surgery	Blocks for breast surgery	Blocks for abdominal surgery	Blocks for surgery or injury to the thorax	Blocks for Paediatric surgery									
		14:15-14:30																	
14:30-15:10	Ask the Experts	14:30-14:45																	
		14:45-15:00																	
		15:00-15:15																	
15:10-15:20	Infographic Competition	15:15-15:30																	
15:20-15:30	Video Competition winner	15:30-15:45	BREAK																
15:50-16:05	Human factors and safety in anaesthesia	15:45-16:00																	
16:05-16:20	Transitional pain clinics	16:00-16:15	Blocks for Shoulder Surgery	Plan A blocks (Interscalene, Axillary, ESP)	Basic Blocks for Knee Surgery	Blocks for Hip Surgery	Blocks for Breast Surgery	Neuraxial Scanning	Blocks for surgery or injury to the thorax	Blocks for the obstetric patient									
16:20-16:35	Fear and anxiety in anaesthesia	16:15-16:30																	
		16:30-16:45																	
		16:45-17:00																	

Lectures		Workshops								
			WS Station 1	WS Station 2	WS Station 3	WS Station 4	WS Station 5	WS Station 6	WS Station 7	WS Station 8
		9:00-9:15	Blocks for Shoulder Surgery	Basic Blocks for Hand Surgery	Basic Blocks for Knee Surgery	Blocks for Hip Surgery	Blocks for Breast Surgery	Neuraxial Scanning	Blocks for surgery or injury to the thorax	POCUS
9:10-9:25	Upper Limb Blocks: Plan A and beyond	9:15-9:30								
9:25-9:40	Lower Limb Blocks	9:30-9:45								
9:40-9:55	Blocks for Paediatric Trauma	9:45-10:00								
10:05-10:20	Almost every orthopaedic patient should have a block	10:00-10:15	Advanced Blocks for Hand Surgery	Transitional Pain	Advanced Blocks for Knee Surgery	Blocks for foot and ankle surgery	Plan A blocks (Rectus Sheath, Femoral, Popliteal, Adductor)	Blocks for abdominal surgery	Neuraxial Scanning	
10:20-10:35	Why I mix my local anaesthetics	10:15-10:30								
10:35-10:50	RA for surgery to the pelvis	10:30-10:45								
		10:45-11:00								
		11:00-11:15	BREAK							
		11:15-11:30								
		11:30-11:45								
11:30-11:45	Epidurals and what's new in obstetrics	11:30-11:45	NO WORKSHOPS							
11:45-12:00	3 Best Papers of 2025 (BJA Education)	11:45-12:00								
		12:00-12:15								
12:20-13:00	Bruce Scott Lecture	12:15-12:30								
		12:30-12:45								
		12:45-13:00								
		13:00-13:15	LUNCH							
		13:15-13:30								
		13:30-13:45								
		13:45-14:00								
14:00-15:15	Live Demos (Slidos only)	14:00-14:15	Advanced Blocks for Hand Surgery	Plan A blocks (Interscalene, Axillary, ESP)	Advanced Block for Knee Surgery	Blocks for Hip Surgery	Block for Breast Surgery	Blocks for Abdominal Surgery	Blocks for surgery or injury to the thorax	Blocks for the obstetric patient
		14:15-14:30								
		14:30-14:45								
		14:45-15:00								
				15:00-15:15						
15:15-15:20	RA-UK 2027	15:15-15:30	BREAK							
15:40-15:55	Outcomes in RA: what really matters?	15:30-15:45								
15:55-16:10	Body language: what the regional anaesthetist should know	15:45-16:00	NO WORKSHOPS							
16:10-16:25	Why Your Blocks Don't Work	16:00-16:15								
		16:15-16:30								
16:40	Close of Meeting	16:30-16:45								
			NO WORKSHOPS							